



Bulletin 2

La Laguna - Tenerife

MAY 13TH -15TH 2005



Federación Española de Karate
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Pabellón "Santiago Martín"
del 13 al 15 de mayo - La Laguna

Karate
tenerife2005
40º Campeonato de Europa senior



Dear EKF members:

It is a great pleasure for us to host the EKF Senior Championships in our country again.

As you know the championships will take part in Tenerife, as in 1997. This is due to the constant and steady support to Spanish and Canary Islands karate by all the Institutions from the Canary Islands Government, Tenerife Inter-Island Council and the Town Council of La Laguna, which has been proved in many prestigious international tournaments such as the "International Trophy Ciudad de la Laguna" and other outstanding events, and now in these **XL European Senior Championships**.

The invaluable cooperation of the Karate Federation of the Canary Islands will provide, at organization level, the necessary support which, together with the excellent infrastructures for international communication and accommodation, will guarantee the success of these Championships.

I would also like to point out the importance of this event for the European and the World Karate, to be held just before the decision that the International Olympic Committee will take in Singapore two months later and that I trust will only be fair by including karate deserved presence in the Olympic Games.

Welcome to Tenerife and to Spain

Faustino Soria Morales
President Spanish Karate Federation



GEOGRAPHICAL DESTINATION AND GENERAL INFORMATION

Tenerife, the largest of the Canary Islands, is situated in the Atlantic Ocean, close to the coast of Africa (Latitude 28º north – longitude 16º west).

Its location provides it with extraordinary weather conditions: Tenerife is a land of eternal spring, with average temperatures of 20 °C in winter and 25 °C in summer. The two main cities of the island of Tenerife are Santa Cruz de Tenerife, which is the capital city, and Puerto de la Cruz, where the hotels for the championships are located.

The island is perfect for practising all kind of sports, especially those which take place in the sea: scuba diving, underwater fishing, fishing, deep water fishing and water sports (sailing, surfing, paragliding...).

OTHER THINGS TO KNOW

Schedule:	Winter: GMT Time. Summer: GMT + 1
Currency:	Euro (€)
Official Language:	Spanish
Foreign Currency Entrance:	Unlimited
Voltage:	220V
Vaccination Needed:	None
Majority Religion:	Catholic
Weights and Sizes:	Metric system
Recommended Clothes:	On May: Cotton suitable clothes; average day temperature of 22 °C
Shopping Schedule:	From 9:00 to 13:00 hours and 16:00 to 20:00 hours. From Monday to Saturday.
Banks Schedule :	From 8:30 to 14:30 hours from Monday to Saturday.

Tourist or family visit Visas: (for entering to Spain for periods of less than 90 days)

This visa is not required for nationals of: Albania, Andorra, Armenia, Austria, Azerbaijan, Belgium, Bosnia & Herzegovina, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, FYROM, Georgia, Germany, Great Britain, Greece, Holland, Hungary, Iceland, Ireland, Israel, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Monaco, Norway, Poland, Portugal, Romania, San Marino, Serbia & Montenegro, Slovakia, Slovenia, Sweden, Switzerland and Turkey.



A visa is required for nationals of: Belorussia, Russia and Ukraine.

Documentation to be presented at the Consulate:

1. The application form.
2. 4 recent passport-sized photographs.
3. Passport.
4. Return airline ticket or reservation.
5. International medical insurance.
6. Proof of economic resources; if the applicant is economically dependent, the documentation will be the one of the parents, spouse or children.
7. Proof of accommodation:
8. Hotel reservation confirmation for the total duration of the journey.
9. In the case of invitation by a family member or by a friend in Spain, a deed of invitation prepared by a notary and a photocopy of the current National Identity Document or of the residence card of the person making the invitation. The deed of invitation only covers the accommodation.

It must be borne in mind that whenever the Consulate deems it necessary, it may require additional information.

Transportation

By Air:

Only two hours away from the Spanish mainland and four hours from the heart of Europe, Tenerife is a very comfortable and accessible destination. The island's two international airports ensure permanent direct connections with more than 120 cities around the world.

a. - The Tenerife northern airport "Los Rodeos" is located at about 20 kilometres from the city of Puerto de la Cruz, in the area called Llano de San Lázaro, in the municipality of Laguna, in the north of the island. The new terminal is a bright modern functional building which is structured on four levels. The airport provides users with all the necessary services to ensure a comfortable, pleasant and safe stay.

CAR RENTAL	
Company	Telephone Number
AVIS	922 258 713
CICAR	922 632 642
AUTOS RAISEN	922 635 978
EUROPCAR BETACAR	922 635 948
HERTZ	922 635 868



b.- The southern airport, called “Reina Sofía”, lies about 90 kilometres from the city of Puerto de la Cruz, in the municipality of Granadilla de Abona, in the south of the island. The airport has 19 commercial establishments, seven cafeterias and six restaurants.

By Road:

Travelling in Tenerife is easy as all distances are short and the motorways are modern. The fully maintained network of island roads eases travel and allows enjoyment of every corner of the island.

A.-Public Buses: The company TITSA provides the services of regular transportation by

AIRPORT BUS LINES	
Airport	Bus Line Numbers
From the Tenerife northern airport “Los Rodeos”	102, 107, 108 & 340
From the Tenerife southern airport “Reina Sofía”	901, 116, 402

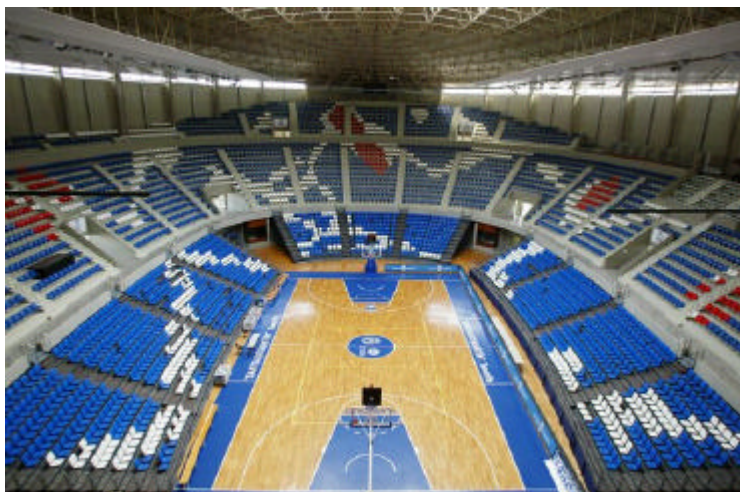
highway throughout the whole island of Tenerife.

B. - Taxis:

Some of the companies that operate in the city of Puerto de la Cruz and in the municipality of La Laguna are the following:

PUERTO DE LA CRUZ - LA LAGUNA TAXI COMPANIES	
Company	Telephone
Cooperativa de taxis San Telmo. (Radio taxi)	922 38 48 54 922 23 58 18
Díaz Castro, J.M	922 62 31 93
Ramos Barroso, JJ.	922 68 54 90
Agrupación Profesional Comarcal y Auto turismos	922 25 99 04
Comunidad De Bienes Radio Taxi Ucanca	922 25 55 25
García Forte, J.	922 25 85 32
Radio Taxi La Laguna	922 25 88 06

The Sport Stadium "Santiago Martín":



The "Santiago Martín" Tenerife Island Sports Stadium is located in the municipality of La Laguna, in a densely populated area between Tenerife's two main urban centres. The property of the Tenerife Island Authority (Cabildo de Tenerife) and of the La Laguna Local Authority, it has been managed since 1999, when it was opened, by IDECO, S.A. a publicly-owned company.

The "Santiago Martín" is located 20 minutes travel time from the city of Puerto de la Cruz, where the official hotels are located. The connexion with the Sports Stadium is excellent by highway.

The Stadium has a total area of 55,286 square metres divided into a central building and three adjacent buildings.

The central building has:

a.- The sports arena and spectators seating:

Total area of 4,852 square metres. 2,000 square metres of parquet.

Capacity for sporting events: 5,100 spectators.

b.- Ancillary areas:

Changing rooms, medical room, gymnasium, press rooms, boxes for press, radio and television, meetings rooms, cafeterias, exclusive guest areas.

c.- Car parking:

450 indoor car-parking lots, with direct access to the stadium.

In the central building, there is sufficient space for catering and restaurant facilities for over a thousand persons.



OFFICIAL HOTELS

The official hotels are located in the city of Puerto de la Cruz

HEADQUARTERS HOTEL:

HOTEL MELIA PUERTO DE LA CRUZ ****

Address:

Marqués de Villanueva del Prado s/n
Cp. 38400. Puerto de la Cruz (Tenerife)

Phone: +34 922 38 40 11

Fax: +34 922 38 65 59

e-mail: melia.puerto.de.la.cruz@solmelia.com

Distance from the Tenerife southern airport: 90 Km

Distance from the Tenerife northern airport: 20 Km

OTHER OFFICIAL HOTELS:

HOTEL OROTAVA PALACE****

Address:

Aguilar y Quesada, 3
Cp.38400 – Puerto de la Cruz (Tenerife)

HOTEL MELIÁ LA PAZ***

Address:

Cl. Robles. Urb. La Paz. El Botánico
Cp. 538400. Puerto de la Cruz (Tenerife)

Prices per person and night in Euros (€)

HOTEL NAME	SINGLE ROOM		DOUBLE ROOM		TRIPLE ROOM	
	B&B	HB	B&B	HB	B&B	HB
HOTEL MELIA PUERTO CRUZ (H.Q.)	74€	84€	52€	62€	-----	-----
HOTEL OROTAVA PALACE	74€	84€	52€	62€	-----	-----
HOTEL LA PAZ	-----	-----	-----	-----	47€	57€

B&B: Accommodation + breakfast (buffet)

HB: B&B + dinner (buffet)

The three hotels are within walking distance.



OFFICIAL TRAVEL AGENCY:

VIAJES IBERIA, S.A.

Phone: +34 922 67 11 12

Fax: +34 922 67 14 07

e-mail: esther.siverio@viajesiberia.com

Contact person: Ms. Esther Siverio



APPLICATION FORM FOR ACCOMMODATION BOOKING:

The accommodation can be booked through the official travel agency until March 10th in the bulletin overall conditions. Once this deadline is over, bookings and bulletin prices will be subject to variations. Bookings will be firm upon payment of 25%.

Federation	Country
Last name	First name
Address	City
Telephone	Fax
E-mail	

Surname	Name	Position (1)	Check in	Check out	Room tipe	Price per night	Total

¹ **Position:** C=Competitor; Co=Coaches; E=EKF Committees members; P=Presidents of National Federations; R=Referees/Judges; D=Doctors; V=VIPs; M=Managers; A=Administration; Pr=Press; 0=Others

Contact:

**Date and Signature:
Official Stamp**



TRANSPORTATION AIRPORT / HOTEL / AIRPORT

The official travel agency offers the transportation service from the airport to the hotel and return at the prices shown below. Every delegation which wishes to have this service should contact the agency.

	5 PAX	10 PAX	20 PAX	30 PAX	40 PAX	50 PAX	55 PAX	60 PAX
TFN – P. de la Cruz – TFN.	100 €	119 €	137 €	155 €	165 €	191 €	201 €	218 €
TFS – P. de la Cruz - TFS	183 €	201 €	219 €	242 €	278 €	306 €	320 €	337 €

TFN: Los Rodeos northern airport.

TFS: Reina Sofia southern airport.

TRANSPORTATION HOTELS / STADIUM / HOTELS

Transportation from the headquarter and the official hotels to the stadium and return during competition days will be offered free of charge by the organization, according EKF rules, to those delegations that have booked their accommodation in these hotels through the official travel agency. The timetable service will be given in the registration's hall on Wednesday May 12th.

DELEGATIONS REGISTRATION

The registration will take place at the Taoro room (Salón Taoro) in the Melia Puerto de la Cruz (**HQ hotel**) on May 12th, from 10h to 16h.

Each delegation should have their national anthem and two national flags.

PRESS & MEDIA ACREDITATION:

Will take place in IDECO

Pabellón Santiago Martín

Motorway of Santa Cruz and La Laguna –Tenerife

Los Majuelos.

Tlf. +34 922 822056

Contact person: Ms. Nieves González (ngonzalez@idecogestion.net)

The deadline for accreditation applications is 28th april 2005



REFEREE COURSE ACTIVITIES

DATE	SCHEDULE	ACTIVITY	PLACE
Monday, 9th of May	09.00 - 10.00	Kata registration	(HQ)Hotel Melia Puerto de la Cruz. Room <u>TEIDE</u>
	10.15 - 10.45	Kata theory	
	10.45 - 11.30	Kata theory examination	
	11.45 - 13.00	Kata practical examination group 1	
	13.00 - 14.00	Lunch	
	14.15 - 16.30	Kata practical examination group 2	
Tuesday, 10th of May	09.00 - 10.00	Kumite registration	(HQ)Hotel Melia Puerto de la Cruz. Room <u>TEIDE</u>
	10.15 - 11.45	Kumite theory	
	11.45 - 12.45	Kumite theory examination	
	12.45 - 14.30	Lunch	
	14.30 - 17.00	Kumite practice	
Wednesday, 11th of May.	09.00 - 12.30	Kumite practical examination group 1	(HQ)Hotel Melia Puerto de la Cruz. Room <u>TEIDE</u>
	12.30 - 14.00	Lunch	
	14.00 - 17.30	Kumite practical examination group 2	
Thursday, 12th of May.	09.00 - 12.30	Kumite practical examination group 3	(HQ)Hotel Melia Puerto de la Cruz.
	12.30 - 14.00	Lunch	

SCHEDULE OF PRE-COMPETITION ACTIVITIES

MAY 12th, 2005 THURSDAY

- 09.00/11.00h EKF EXECUTIVE COMMITTEE MEETING
- 10.00/11.00h EKF MEDICAL COMMISSION MEETING
- 12.00/14.00h EKF TECHNICAL COMMISSION MEETING



13.00/14.00h	EKF MEDICAL CONGRESS
14.00/15.00h	COACHES MEETING
16.00/19.00h	EKF CONGRESS
19.00h	RESULTS OF REFEREE EXAMINATIONS
20.00/21.00h	EKF REFEREES BRIEFING
21.00h	EKF REFEREE COMMISSION MEETING

Weighing

Weighing will take place in the “Pabellón Insular Santiago Martín”.

Friday, May 13th.

	Men	women
09:00-09:10 h	+80 Kg	+60 Kg
09:10-09:20 h	-80 Kg	-60 Kg
09:20-09:30 h	-75 Kg	-53 Kg
09:30-09:40 h	-70 Kg	
09:40-09:50 h	-65 Kg	
09:50-10:00 h	-60 Kg	

COMPETITION PROGRAMME:

Date	Shedule	Category	Place
Friday, 13th of May.	10.00-11.30	Elimination and repechages Individual Kata male & female	Pabellón Insular “Santiago Martín”
	11.30-13.10	Elimination and repechages Male Kumite -80 Kg. & +80 Kg.	
	13.10-14.40	Eliminations and repechages Female Kumite -60 Kg. & +60 Kg.	
	14.40-16.10	Elimination and repechages Male Kumite -70 Kg. & -75 Kg.	
	16.30-17.30	Opening Ceremony	
	17.30-17.40	Finals Individual kata; male & female	
	17.40-17.50	Medal presentation	
	17.50-18.00	Finals Male Kumite; -80 Kg.& +80 Kg.	
	18.00-18.10	Medals presentation	
	18.10-18.20	Finals Female Kumite -60 Kg.& +60 Kg.	
	18.20-18.30	Medals presentation	
	18.30-18.40	Finals Male Kumite -70 Kg. & +75 Kg.	
	18.40-18.50	Medals presentation	



Date	Shedule	Category	Place
Saturday, 14th of May.	10-00-11.30	Elimination and repechages Male Kumite -60 Kg. & -65 Kg.	Pabellón Insular "Santiago Martín"
	11.30-12.30	Elimination and repechages Female Kumite; -53 Kg.	
	12.30-14.10	Elimination and repechages Male and Female Kumite, Open	
	14.10-15.00	Elimination and repechages Male and Female Kata Teams	
	15.00-15.10	Finals Male Kumite -60 Kg. & -65 Kg.	
	15.10-15.20	Medals presentation	
	15.20-15.35	Finals Male and Female Kumite, Open Final Female Kumite -53 Kg.	
	15.35-15.50	Medals presentation	
	15.50-16.10	Finals Male & Female Kata Teams	
	16.10-16.30	Medals presentation	

Date	Shedule	Category	Place
Sunday, 15th of May.	10-00-14.30	Elimination and repechages Kumite – Team Male	Pabellón Insular "Santiago Martín"
	12.30-14.30	Elimination and repechages Kumite –Team Female	
	14.30-14.45	Final Kumite – Team Female	
	14.45-14.55	Medals Presentation	
	14.55-15.25	Final Kumite – Team Male	
	15.25-15.40	Medals presentation	
	15.40	CLOSING CEREMONY	

NATIONAL ANTHEMS AND FLAGS

All Delegations must present on registration day the two official flags with measures 2,1 x 1,4 and their national anthems in CD format.

EKF SENIOR CHAMPIONSHIPS ENTRY VOUCHER

The price of the ticket voucher for the three days of Championships is 22 €



MEALS

The Organization Committee has arranged a dining room with a great buffet menu for 13,14 and 15th May in the SPORT STADIUM "SANTIAGO MARTIN"

Food tickets will be available to buy on the registration day (12 may) and in the secretary's office of sport stadium "Santiago Martín" during the championship days 13,14 and 15 may 2005.

The price per day is 12 euros

For more information visit: www.tenerifekarate.org or contact:

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